



Wellness Minute

Health Information You Can Use On Your Path To Wellness

Amazing Asthma Case

From 60% lung capacity to medication free within a month!



Amazing Boost For Asthma

“I have personally used OOrganik-15 successfully with patients that were suffering with asthma, emphysema, and other upper respiratory problems like bronchitis.”

In the Olympics during the mid-70s, it was rumored that the Russians were using a special sports enhancement drug because they seemed to dominate so many events. Later, it was found that some of their athletes were on steroids, but many, if not all, were using pangamic acid or vitamin B15. B15 enhances a process called methylation. Methyl groups do not follow normal energy pathways. They are combusted by way of a faster, alternative route. So, athletes, especially performance athletes, can really feel the extra energy.

Some researchers have shared that OOrganik-15 increases the utilization of oxygen. But guess what? In today's crazy lifestyle "everyone is an athlete." Don't

you feel like some days you have been running a marathon?

After all the excitement about the Russian athletes, Biotics' researchers were able to create OOrganik-15, a specialty product that supplies biologically active methyl culture concentrates along with natural-organically bound trace elements and enzymes.

Although I started our discussion about enhancing sports performance, a colleague of mine shared a case study that highlights her experience with OOrganik-15 to enhance breathing.

"One asthma patient I was working with was on several bronchial inhalants and two of the strongest asthma

medications on the market. The dose he was taking was so high that it was at the toxic level. The doctor prescribed it because it was the only dose that gave him some relief. The relief was limited, but at least he felt like he could breathe. This patient had lung damage as the result of firefighting. He was exposed to chemical toxins while at work and lost 60% of his lung capacity. Because this was a permanent condition, he was immediately put on disability and had to retire at the age of 40. This was a huge loss for him as he loved his job.

I suggested the OOrganik-15 because prior patients have reported increases in physical activity by as much as 20%. The initial dose was 3, 4x per day. I also added Pneuma-

This is a transcript from a "video magazine" we send out each week called the Wellness Minute. If you're not getting our Wellness Minute videos each week, sign up at the front desk.

Zyme from Biotics. Pneuma-Zyme contains neonatal lung tissue concentrate as well as vitamins A, C, E, and selenium. The initial dose was 5, 3x per day. I also recommended he avoid offending foods that increase mucous like dairy products and gluten grains. He had such remarkable progress that he and his doctor were able to reduce the amount of medication, as well as eliminate two of his inhalers. His energy improved as did his wind. He was able to perform a higher level of exercise and soon was running five miles per day. Within a month or so, he was able to completely stop his toxic asthma medications. Now, over 10 years later, he continues taking the OOrganik-15 but at much lower doses. He takes 3 tablets per day and has been able to stop the PneumaZyme. He is medication free and uses one inhaler only as needed, a couple times per week."

That's awesome! Someone with a 60% lung disability and is now medication free! I have personally used OOrganik-15 successfully with patients that were suffering with asthma, emphysema, and other upper respiratory

problems like bronchitis. OOrganik-15 should be also considered and has been found beneficial in cases like: increasing endurance for sports performance, morning sluggishness, stubborn cases of biliary stasis, angina, and unresponsive elevated homocysteine.

Methylation is important for the integrity of the myelin sheath. Therefore, OOrganik-15 should be considered as part of any program for patients with MS or other problems involving the myelin sheath. Another interesting application may be for people who live in large cities. In Europe, methylated products are considered helpful protectants from pollution, especially carbon monoxide.

Personally, when driving long distances, I take OOrganik-15. Three tablets several times a day to reduce what I call "the road buzz," that foggy feeling. It's so unique, it's one of my favorite supplements. Ask your wellness clinician if a clinical trial of OOrganic-15 might take your energy to the next level.