



Wellness Minute

Health Information You Can Use On Your Path To Wellness

Resetting Your
Immune System

**To Get Over
Long COVID**



RESET Your Immune System After Long COVID

**“Cytozyme-THY is one of the best
therapies to restore the innate
immune system.”**

Do you know people who have experienced a tough time with Covid and months later still don't feel like they are back in the game? I want to share some successes by a friend and colleague, Dr. Mark Force.

But first, let's discuss a very basic overview of the immune system. There two parts to our immune system. The innate and the humoral part of the immune system. The innate is like the marines or what I like to call the hand-to-hand combat part of the immune system. They fight viruses and alert the body to foreign invaders. The innate immune system tags the invader, and the humoral immune system reads the tags and send out the reinforcements to finish the job. It's really an amazing process. I

think of the humoral system like "smart bombs."

One of the reasons some people have a prolonged experience with Covid, commonly called "long Covid," is because the innate part of the immune system is under-performing; whereas the humoral part of the immune system is over-performing.

Our bodies need a balance between the innate and humoral parts. Because if one gets overstimulated, the other part underperforms. One of the causes for long Covid is an overactivation of the humoral immune system and under-performing of the innate system.

As a reminder, we need the innate immune system to keep

viruses and cancer in check. Dr. Mark Force shared with me that neonatal thymus tissue called Cytozyme-THY is one of the best therapies to restore the innate immune system.

Dr. Force shared that Cytozyme-THY is his "go-to" for long Covid. He uses 4 tablets three times a day and instructs his patients to chew them. Dr. Force feels chewing the tablets is a big part of his success. Chewing alerts the digestive system that specific proteins are coming. Dr. Force has found that it is one of the best therapies to restore the innate immune system. He says it breaks the cycle and resets the immune system.

He sees chemical messengers called cytokines as well as

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other inflammatory markers normalize. Based on his 40 years' experience with glandular therapy, he feels it is one of the fundamental ways to support the body's ability to fight chronic viruses of all kinds. And that by using a short burst of 12 tablets, he finds he can help his patients reset their system.

Here's another example of thymus tissue supporting the body's ability to fight viruses. Country singer and author, Naomi Judd, had to stop singing due to hepatitis B infection, until she met the former president of the Georgia Medical Association, Dr. Carson Burgstiner. Using calf thymus tablets, Dr. Burgstiner himself was able to recover from hepatitis B after fighting it for seven years. He completely cleared the virus from his DNA, and this was confirmed by Scripps Research Institute and Harvard Medical. Wayne State University later reported that 86% of the patients with hepatitis B who were treated with calf thymus cleared the virus from their DNA. He used calf thymus and a high dose multiple vitamin mineral like ProMulti-

Plus as his therapy. Like Dr. Burgstiner, Naomi Judd was able to clear the virus from her DNA and return to her singing career.

Knowing young thymus glands are more biologically active than adult animals' thymus glands, Biotics Research uses neonatal glands in their products whenever possible. Tissues from young animals 1-3 days old are in a state of anabolic or growth phase. Just like our thymus tissue begins to shrink as we get older, the thymus gland of an older animal shrinks and is less anabolic. Neonatal thymus tissue is much higher in DNA and nucleated protein than adult tissue, and therefore, one of the major reasons that neonatal thymus as Cytozyme-THY performs better than adult bovine thymus.

If you know someone who is experiencing long Covid, contact the clinician on this page. Wellness practitioners have been trained in complimentary therapies and can give you options to reset your immune system and get you back in the game.