



IT'S TIME TO FEEL GOOD AGAIN

THIS WEEK'S TOPIC

Remarkable Relief From Chemical Sensitivity

"Sensitivity of chemicals, automobile exhaust, smoke, perfume, or any commercialized or synthetic odor might be greatly helped with a nutrient called molybdenum."

Are you sensitive to chemicals, automobile exhaust, smoke, perfume, or for that matter any commercialized or synthetic odor? This may describe you or maybe someone you know. It's not that uncommon.

You know the person who goes into a salon and has a reaction to the chemicals in the air or has mental fog when they get close to the perfume aisle in a department store. This person might get headaches when they get close to a heavily chlorinated pool. This is someone who may be considered carbohydrate sensitive. If they eat sweets, for instance, they may frequently experience what we in the nutritional field call "Candida yeast syndrome." This is where dietary sugar feeds the growth of yeast



and the result is a host of symptoms.

We all have sugar highs and lows but this person really has systemic issues. This person may also have a tendency toward anemia, though they have taken all the iron, B12, folate, vitamin C, and copper necessary to correct the problem. A typical blood test might reveal they are low in uric acid. Ok Joe, sounds like this person needs help! ALL these

different scenarios describe someone who might be greatly helped with a nutrient called molybdenum.

I first learned about molybdenum from my colleague Dr. Wally Schmidt. Years ago, he explained in a lecture called "common threads," that one of the byproducts of yeast metabolism is acetaldehyde. Molybdenum is necessary to convert acetaldehyde into other acids for

This is a transcript from a "video magazine" we send out each week called the Wellness Minute, if you're not getting our Wellness Minute videos each week, sign up at the front desk

healthy use in the body. If the body is not processing acetaldehyde properly, it can build up in the system. Then exposure to a small dose, whether by smell or internal fermentation, becomes an excess and can weaken the system.

Since Dr. Schmidt's lecture, I have been

able to help many people with these symptoms. Dr. Schmidt developed an interesting test where he would find a strong muscle, any strong muscle, and then have the patient smell some type of acetaldehyde sub-

stance; for instance, nail polish remover. If the strong muscle weakened, then there was a good chance the body was already overloaded with acetaldehyde.

Something as small as a good whiff would cause a strong muscle to go weak. He then instructed the patient to chew a tablet with molybdenum, re-sniff the acetaldehyde, and then retest the muscle. To everyone's amazement the weak muscle would be strong about 85% of the time.

Just to give you an idea of how fast it can work, I was giving a lecture to a group of doctors in Minnesota one day; and we were close to a heavily chlorinated indoor

pool. One of the doctors had an immediate headache upon entering the seminar. She was going to leave the seminar when I asked her to chew 3 Mo-Zyme Forte tablets and see if anything changed. Mo-Zyme Forte is a supplement that contains 150 mcg of molybdenum in a vegetable tableting base. To my delight, within 30

minutes her headache was completely gone.

Now recognize, molybdenum isn't going to fix the severely environmentally challenged patient. In these cases there are so many mech-

anisms going on that one mineral is not enough. However it is remarkable how many people it will help. So if you or if someone you know experiences symptoms from chemicals, automobile exhaust, smoke, perfume, or for that matter any commercialized or synthetic odor, try molybdenum.

A reliable source for molybdenum is Mo-Zyme Forte by Biotics Research. It's available from your Wellness Practitioner. It's safe. It's worked for many people, and it could work for you. Contact your clinician on this page to learn about dosage and how to order. Ask for Mo-Zyme Forte.

