

# Cauliflower Rice with Fresh Peas & Cumin



## INGREDIENTS

- 1 medium head cauliflower
- 1 cup fresh peas
- 4 scallions, thinly sliced
- Juice from 1 organic lemon
- Zest from 1 organic lemon
- 2 teaspoons cumin
- 2 teaspoons maple syrup
- 2 teaspoon grated fresh ginger
- 1/2 cup raw pine nuts
- 1 tablespoon crushed red pepper
- Salt and pepper to taste

## DIRECTIONS

1. Cut the cauliflower florets from the stem. Pulse in food processor until the cauliflower is the size of pieces of rice.
2. Stir in peas and scallions.
3. Whisk together lemon juice, lemon zest, cumin, maple syrup, and ginger. Pour over cauliflower mixture and stir to combine.
4. Add raw pine nuts, crushed red pepper, salt and pepper to taste. Mix well.